Moodivator* App Removal & Data Retrieval Instructions

APP ALERT: After July 31, 2018, you will **no longer be able to access the Moodivator app** or any of the information you have entered within the app.
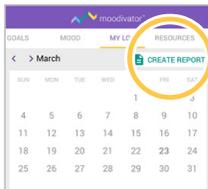
- If you **DO NOT** want to save your information, you can simply delete the app
- If you **DO** want to save your information, follow the instructions outlined below to download it before July 31, 2018
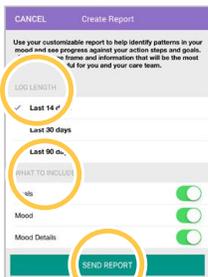
STEP 1
Open the app on your device and select **MY LOG** in top menu bar

STEP 2
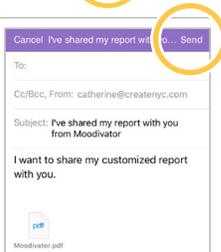Tap the **CREATE REPORT** button in upper right-hand corner

STEP 3
Once you are on the **CREATE REPORT** screen
- Select a time frame in **LOG LENGTH** (14, 30, or 90 days)
- Choose **WHAT TO INCLUDE** by moving the sliders to green
- Tap the **SEND REPORT** button

STEP 4
A draft email will pop-up with your report attached as a PDF
- Enter your email address and tap **SEND**
- Your **MOODIVATOR** report will arrive in your inbox as a downloadable PDF

REMEMBER

Download your information from the Moodivator app before it becomes unavailable on July 31, 2018.